

BACKCOUNTRY CAMPING

Packing List

Equipment

- BACKPACK + COVER
- TENT/SHELTER
- SLEEPING PAD
- SLEEPING BAG
- PILLOW

Emergency

- HEAD LAMP + BATTERIES
- MAP + COMPASS / GPS
- FIRST AID KIT
- KNIFE / MULTI TOOL
- WHISTLE
- REPAIR KIT

Personal

- PHONE / CAMERA
- ID, DEBIT CARD, CASH
- TRAIL PERMIT IF REQUIRED

Food + Water

- MEALS + SNACKS
- WATER BLADDER / BOTTLE
- WATER FILTER
- GAS CAMPING STOVE
- GAS CANISTER
- LIGHTER / MATCHES
- COOKSET
- FOOD STORAGE BAGS
- SPORK
- MUG

Hygiene

- TOOTHBRUSH + PASTE
- BODY / FACE WIPES
- SUNSCREEN + LIP BALM
- BUG SPRAY
- TROWEL + TOILET PAPER
(WITH A RESEALABLE BAG)



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Packing List

Clothing to wear

- HIKING PANTS
- HIKING TOP
- MERINO WOOL SOCKS
- UNDERWEAR
- BOOTS / TRAIL RUNNERS
- SUNGLASSES
- SUN HAT / BANDANA / BUFF

Clothing to pack

- BASELAYER BOTTOMS
- BASELAYER TOP
- MID LAYER TOP (FLEECE)
- INSULATED JACKET (PUFFY)
- RAIN JACKET / PANTS
- SPARE PAIR OF SOCKS
- BEANIE
- GLOVES

Optional

- TREKKING POLES
- BEAR SPRAY / CANISTER
- WIND JACKET
- BUG HEAD NET
- SMALL LANTERN
- HAMMOCK
- CAMP SANDALS
- JOURNAL / E-READER
- SWIMSUIT
- MINI PACK TOWEL

Notes

